

## Newspaper Sit-Upon

What is a Sit-Upon? Sit-Upons are a long-time Girl Scout tradition. It is something you sit-upon to keep dry and warm. Sit-upons are usually home-made, and are a great craft to make in preparation for a hike or camping trip.

### Materials:

- 8-14 full-sized pages of newspaper or large newsprint sheets
- Glue
- Waterproof material (optional) i.e packing tape, shower curtain, vinyl tablecloth, or heavy duty trashbag

### Directions:

1. Fold paper in half.
2. Fold accordion style, in 2-3" wide folds.
3. Make 8-14 strips total (depending on the width of the strips and how big you want your mat).
4. Weave strips together tightly so it looks like the chart.
5. Fold under the loose ends and glue down, then let dry.
6. Cover in a waterproof material for extra durability (optional).

### How to weave:

- For 8 strips there will be 16 ends, for 14 strips there will be 28 ends.
- Using 8 strips as an example, follow the directions below with the chart as reference.
  1. Lay 4 strips vertically, right next to each other.
  2. Lay 4 strips horizontally on top of the vertical strips.
  3. Take the bottom of one of the vertical strips, and weave it up and over the top of 16.
  4. Then weave it below 15, then over 14, and then underneath 13.
  5. Repeat the process with the remaining vertical strips, keeping the weave tight.
  6. Starting with the center strips and working outward will make it easier to keep it tight.

