



# Trefoil

## Mom & Me • 2022

### Welcome!

Thank you for choosing Mom & Me camp this summer! Camp is all about challenging yourself to try something new and we make that possible through a variety of activities including: boating, swimming, archery, arts and crafts, and more! During Mom & Me, we give the girls the opportunity to experience camp with an adult. Camp is a place for both of you to expand your comfort zones. We are very proud of our camp staff and know that they look forward to making your experience fun and exciting. If you have any questions or concerns, please feel free to contact me!

- **Betheny “Smalls” Jennings, Camp Director**

#### **Arrival & Departures**

Please refer to your registration for your dates of arrival and departure. If you need to make other arrangements, please email the Camp Director.

#### **Arrival Day:**

Check in at 6 p.m. on Saturday, June 25  
A buffet dinner will be provided on arrival.

#### **Departure Day:**

Check out at 4 p.m. on Sunday, June 26

#### **Camp Address**

Camp Trefoil  
168 Rose Rd.  
Harrisville, NY 13648

#### **Phone Numbers**

Phone (June-August Only): 1.315.543.2704  
Phone (Year-Round): 1.315.965.1655

#### **Email**

Beth Jennings at [Bjennings@gsnypenn.org](mailto:Bjennings@gsnypenn.org)

#### **General Camp Inquiries**

[summercamp@gsnypenn.org](mailto:summercamp@gsnypenn.org)  
Phone (Year-Round): 1.800.943.4414

## Visit An Open House!

Families are welcome to tour camp, meet the Camp Director and other camp staff members, and have all of your questions answered! Register on gsEvents.

Sunday, June 26, 2022 • 5-7 p.m.

*Our camp is inspected yearly and permitted to operate by the New York State Department of Health. These inspection reports and required plans are filed with the health department and available for your review.*

# COVID-19 Protocols for Mom & Me:

As the pandemic evolves, we're continuing to monitor local/state/federal guidance. Please refer to [www.gsnypenn.org/covid19](http://www.gsnypenn.org/covid19) for the latest COVID updates.

**Questions?** Contact Camp Director Beth Jennings at [bjennings@gsnypenn.org](mailto:bjennings@gsnypenn.org).

**Our Mission:** Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

## Payment

FINAL PAYMENT is due 2 weeks prior to the start of the program. Your camper cannot attend her camp if there is a balance due on the camper fee. Pay online through gsEvents. Online payment is due by June 10, 2022.

## Camp Forms

All information and medical forms must be completed through gsEvents and JotForm online within 2 weeks of your camp session. If you need a hard copy of these forms, call 1.800.943.4414 or email [summercamp@gsnypenn.org](mailto:summercamp@gsnypenn.org).

## Girl Scout Camp Goals

- At Girl Scout Camp we provide opportunities for all campers to develop a sense of responsibility, qualities of leadership and an awareness of the capacities of all people.
- At Girl Scout Camp we provide activities to all girls designed to develop resourcefulness, initiative, self-reliance and recognition of the worth and dignity of each individual.
- Girl Scout Camp stimulates each girl's awareness of the scope of nature and develop a sense of responsibility for its conservation and its resources.

## Health and Safety

The first concern of all camp staff is the health and safety of the campers. All staff members participate in pre-camp training to prepare them for the summer, and Camp Trefoil is also permitted by the New York State Department of Health and is inspected at least twice each season. Additionally, Camp Trefoil is accredited by the American Camp Association (ACA) and meet the health and safety requirements of Girl Scouts of the USA. A First Aider with a valid CPR/AED certification is provided at this program.

**Prescription Medications**

All medications (prescription and over-the-counter) must be given to the camp staff or camp nurse at check-in, in the original container. Per GSNYPENN Policy, all adult and child campers must have permission to dispense both prescription and over-the-counter medications, completed and signed by their physician, and brought to camp with the medication. The container must be labeled with the issuing physician's direction for use and clearly marked with the camper or adult's name, date, dosage, and times to be given. Please be sure to pick up all medication upon check-out.

**Visitors**

Unregistered visitors are NOT permitted! This policy is in place for the safety of all those attending. If you would like to tour the camp ahead of time with your camper, please attend an Open House or contact the Camp Director to make arrangements.

**Sleeping Arrangements**

Guests will be staying in A-Frames. All A-Frames have cots and mattresses and a nearby latrine. If you would like to be placed with another pair, please contact the Camp Director or indicate this information during registration.

**Waterfront Activities**

A certified lifeguard will be on duty during swimming and boating time.

**Food and Meals**

Well balanced meals are provided throughout the duration of the program. In order to prevent attracting animals or insects into living quarters, please do not bring candy, gum, or food of any kind into your cabin or tent. If you must bring your own food due to special dietary needs, please label it and we will store it in the kitchen.

**Dietary Needs**

It is our goal to ensure that every camper has an enjoyable experience while at camp. We regularly accommodate vegetarian, gluten-free and nut-free campers. If your camper has an allergy to certain foods or requires a special diet, we will happily work with you to meet those needs as much as possible. Please contact the Camp Director as soon as possible to discuss any concerns you may have regarding your or your girl's diet while at camp.

## Packing List for Mom & Me:

A well-prepared camper will have more fun at camp. **Please pack lightly in a maximum of 2 bags.** The following items should be packed in an easy-to-carry duffel bag, laundry bag or lightweight suitcase. Trunks are not permitted. Check the weather forecast to pack accordingly.

- Long pants/jeans
- Shorts
- Shirts (short and long sleeved for cool nights and mosquito protection)
- Sweatshirt
- Pajamas
- Rain gear (raincoat or poncho with a hood and waterproof boots or shoes)
- Socks (2 pair minimum)
- Underwear
- Sneakers or tie shoes; **no sandals, clogs, or flip-flops**
- Hat with a visor
- Bathing suit
- Sleeping bag/twin bedding (a 'stuff sack' is recommended for easy transport)
- Plastic bags for covering sleeping gear or packing wet items
- Insect repellent (non-aerosol, containing less than 12% DEET)
- Pillow
- Towels for Swimming and Showering
- Deodorant (non-aerosol)
- Soap in a plastic case and shampoo
- Toothbrush and toothpaste
- Comb or brush
- Sunscreen (at least SPF 15)
- Other toiletries
- Water bottle
- Flashlight with extra batteries

### Optional:

- Non-Digital Camera/film
- Sunglasses
- Chap stick

### Lost and Found

Girl Scouts of NYPENN Pathways is not responsible for items lost or damaged at camp. Any items left at camp are only held until the end of camp (at that location). Please contact the camp director to make arrangements for picking up lost items prior to camp end.

**Please Do NOT Bring:** gum or candy, scented sprays or lotions, valuables, video games, weapons, illegal drugs or alcohol