



Camp Comstock

Troop Core

Welcome!

Thank you for choosing Camp Comstock Troop Core! Our staff eagerly await this year's fun and we look forward to including your troop in all of the excitement of camp, where your Girl Scouts are bound to build courage, confidence, and character. Please read through this packet in its entirety to prepare for your session. If you have any questions at all, please reach out to our Customer Care team. See you at camp!

Camp Comstock

1419 Taughannock Blvd
Ithaca, NY 14850

Customer Care:

info@gsnypenn.org
315.698.9400

Camp Phone:

315.501.2855
(Only monitored when camp is in session)

Camp Director:

Lo Feinour
lfeinour@gsnypenn.org

Keep up with us on Social Media

[Facebook](#)
[Instagram](#)

Arrival and Departure

Refer to your registration email for arrival and departure dates.

Check-In:

7 p.m. Aug 14th

Check-Out:

10 a.m. Aug 16th

Join us for our Open House on June 27th!

Our camp must have a permit to operate and is inspected yearly by the Tompkins County Department of Health. These inspection reports and required plans are filed with the health department and available for your review.

Final Payment is due July 31st

Registrations with a balance due are subject to cancellation. Campers will not be allowed to attend their camp session with a balance due.

Payments can be made online through GS Events or over the phone with Customer Care.

Financial assistance is available, if needed.

Health Forms

Troop Leaders must have all of the forms below with them at Troop Core:

All Girls

- Parent Permission Form
- Health History Form

All Adults

- Health History Form

Blank Health History and Permission forms are found [here](#)

Our Mission

Girl Scouting builds girls of courage, confidence and character, who make the world a better place

Girl Scout Camp Goals

- At Girl Scout camp we provide opportunities for all campers to develop a sense of responsibility, qualities of leadership and an awareness of the capacities of all people.
- At Girl Scout camp we provide activities to all campers designed to develop resourcefulness, initiative, self-reliance, and recognition of the worth and dignity of each individual.
- Girl Scout camp stimulates each camper's awareness of the scope of nature and develop a sense of responsibility for its conservation and its resources.



Diversity and Inclusion at Girl Scout Camp

Girl Scouts has a strong commitment to inclusion and diversity, and we embrace campers of all abilities and backgrounds into our wonderful sisterhood. Inclusion is at the core of who we are; it's about being a sister to every Girl Scout and celebrating our unique strengths. Girl Scouts welcomes all girls to our camps, regardless of race, ethnicity, background, disability, family structure, religious beliefs, sexual orientation, gender identity, and socioeconomic status. If a girl is recognized by her family, school and community as a girl and lives culturally as a girl, Girl Scouts in an organization that can serve her in a setting that is both emotionally and physically safe.

Health and Safety

The first concern of all camp staff is the health and safety of the campers. All staff members participate in pre-camp training to prepare them for the camp season. Camp Comstock is permitted by the New York State Department of Health in Tompkins County and is inspected each year. Additionally Amahami meets the health and safety requirements of GSUSA. A First Aider with CPR/AED certification is provided during this program.

Medications

Council policy will be followed; the full policy is available [here](#) on page 10. All medications (prescription and over-the-counter) must be in original container, with original label. OTC medications must be labeled with the individual's first and last name. The troop's designated volunteer will collect all medications from their members, verify written order* from the health care provider along with the health history form, and rectify inconsistencies with the parent/guardian. Individual prescribed emergency medications (i.e. Epi-pens, asthma inhalers) should be carried by the individual. Medications will be stored in a locked area accessible only by the designated volunteer. Controlled substances (narcotics) and syringes will be double locked (i.e. locked in a box, locked in a cabinet). All medication will be self-administered under the supervision of the designated volunteer.

*Written order from a health care provider is required for all medications (prescription and OTC). Written orders MUST include: Patient's name and DOB; name of medication; dosage and route; frequency and time; date written; prescriber's name, title, signature, and telephone number; for as needed (PRN) medications, conditions for which they should be administered.

Dietary Needs

All meals are provided during your stay. It is our goal to ensure that every camper has an enjoyable experience while at camp. Please be sure any allergies or dietary restrictions are indicated on your registration so we can accommodate. Please contact the Camp Director as soon as possible to discuss any concerns you may have regarding diet accommodations while at camp.

Sleeping Arrangements

Families will be assigned to a cabin or platform tent unit at check-in. All cabins and tents have cots with mattresses - please bring your own bedding.



Merchandise Pre-Order

[Pre-orders](#) for Camp Comstock t-shirts and bundles are available until June 15th. You will perceive your pre-ordered merchandise at check-in

Additional Information

For more information, view the [Family Camp FAQs Page](#) or [contact us](#)

Packing List

A well-prepared camper will have more fun at camp. **PLEASE LABEL EVERYTHING WITH YOUR CAMPER'S NAME.** Items should be packed in an easy-to-carry duffel bag or light-weight suitcase. Bins and foot lockers generally don't fit under the beds.

- Clothing appropriate for all weather
- Jacket or sweatshirt
- Warm pajamas (it can get chilly at night in the cabins and tents)
- Rain gear
- Sneakers
- Bathing suit
- Warm sleeping bag/twin bedding and a fitted sheet
- Pillow
- Toiletries
- Towel
- Sunscreen
- Hat with a brim
- Insect repellent
- Water bottle
- Flashlight or headlamp with fresh batteries
- Plastic bags for packing wet items
- Small day pack
- White or light colored article of clothing for tie-dye (100% cotton works best)
- Reusable travel mug, optional for adults



DO NOT BRING:

Valuables, weapons, illePal drugs, or alcohol.

To keep animals out, please do not bring any food or scented items into your cabin/tent. If you would like to bring snacks, please contact the Camp Director to arrange to keep them in the kitchen.

Optional:

- Water shoes
- Camera
- Sunglasses
- Sit-Upon
- Shower shoes (flip flops)
- Stuffed animal
- Bandana

Lost and Found

Girl Scouts of NYPENN Pathways is not responsible for items lost or damaged at camp. All items must be marked with the camper's full name and all valuables must be left at home. Any items left at camp are only held until the end of the camp season. Please contact the Camp Director to make arrangements for picking up lost items prior to camp end.