

# LOVE YOUR SELFIE

Activity by National United States New York Jr Teen Isabella Occhipinti

For this activity, you will need various colors of construction paper (red, orange, yellow, green, blue, purple), scissors, markers or pens/pencils, and glue stick or adhesive tape.

Step 1: Fill out the "What I Love About Myself" worksheet.

Step 2: Cut out the cloud on page 3.

Step 3: Cut out rectangular strips of colored construction paper, approximately 2" x 8"

Step 4: Choose your top 6 favorite "things" from the "What I Love About Myself" worksheet and write them horizontally on each of the colored strips of paper. Be sure to leave enough room on the end to glue/tape it to the back side of the cloud.

Step 5: Use a glue stick to adhere each colored strip to the back of the cloud so that it hangs down and the words can be seen beneath the cloud.

Step 6: Share your Selfie Cloud with your friends and family and hang it somewhere you will see it every day to remind yourself why you are special!

# What I Love About Myself

3 Things I love about the way I look:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3 Things I love about my personality:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3 Things I love about the way I treat others:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3 Things I am good at doing:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3 Things my family would say they like about me:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

