TROOP CORE CAMP

girl scouts of nypenn pathways

Camp Guide 2020

Welcome!

Thank you for choosing Girl Scout Troop Core Camp for your troop this summer. They can look forward to making new friends, trying some new activities and participating in our camp traditions. Camp is all about challenging yourself to try something new and we make that possible through a variety of activities including boating, archery, arts and crafts and much, much more! Our staff eagerly awaits this summer's fun and we look forward to including your troop in all of the excitement of camp, where they are bound to build courage, confidence, and character.

If you have any questions or concerns, please feel free to contact me!

Betheny "Smalls" Jennings, Camp Director

ARRIVAL AND DEPARTURE

If you need to make other arrangements, please email the Camp Director.

ARRIVAL: June 26th or July 10th

TROOPS WILL CHECK IN AT 7PM

Please eat dinner prior to arrival.

DEPARTURE: June 28th or July 12th

TROOPS WILL DEPART AT 10AM

Camp Address & Phone Number

Trefoil Adventure Center

168 Rose Rd.

Harrisville, NY 13648

Phone (June-August Only): 315.543.2704

Phone (Year Round): 315.698.9400 x2216

Bjennings@gsnypenn.org

General Camp Inquires

summercamp@gsnypenn.org

Phone (Year-Round): 1-800-943-4414

And keep up with us on Facebook:

https://www.facebook.com/camptrefoilgs/

Our Mission: **Girl Scouting builds girls of courage, confidence and character, who make the world a better place.**

Summer Camp Goals

- At Girl Scout camp we provide opportunities for all campers to develop a sense of responsibility, qualities of leadership and an awareness of the capacities of all people.
- At Girl Scout camp we provide activities to all girls designed to develop resourcefulness, initiative, self-reliance and recognition of the worth and dignity of each individual.
- Girl Scout Camp stimulates each girl's awareness of the scope of nature and develop a sense of responsibility for its conservation and its resources.

Camp Forms

All forms must be brought to the camp by the troop leader.

For the Girls:

- Parent Permission Form
- Health History Form

For the Adult Leaders:

- Health History Form

Forms can be found on our website:
https://www.gsnypenn.org/en/for-volunteers/forms.html

Payment Details

FINAL PAYMENT
is due **Friday, June 5th.**
Your troop cannot attend the Troop Core camp if there is a Balance Due.

Payment Options:

- Pay online through DoubleKnot (this is the easiest and fastest method!). DoubleKnot accepts many methods including credit card, eCheck, and cookie dough.

** All checks returned for non-sufficient funds (NSF) will be electronically debited for the face value plus a returned check processing fee as allowed by state law.*

Diversity and Inclusion at Girl Scout Camp

Girl Scouts has a strong commitment to inclusion and diversity, and we embrace girls of all abilities and backgrounds into our wonderful sisterhood. Inclusion is at the core of who we are; it's about being a sister to every Girl Scout and celebrating our unique strengths. Girl Scouts welcomes all girls to our camps, regardless of race, ethnicity, background, disability, family structure, religious beliefs, sexual orientation, gender identity, and socioeconomic status. If a girl is recognized by her family, school and community as a girl and lives culturally as a girl, Girl Scouts is an organization that can serve her in a setting that is both emotionally and physically safe.

Health and Safety

The first concern of all camp staff is the health and safety of the campers. All staff members participate in pre-camp training to prepare them for the summer, and Trefoil Adventure Center is licensed by the New York State Department of Health in St. Lawrence County and is inspected each year. Additionally, Trefoil is accredited by the American Camp Association (ACA) and meets the health and safety requirements of Girl Scouts of the USA. Parents will be notified by their troop leader or Camp Director if their girl requires medical attention while at Troop Camp. A First Aider with CPR/AED certification is provided during this program.

Prescription Medications

All medications (prescription and over-the-counter) must be given to the camp staff at check-in, in their original container. Per NYPENN Policy, all adult and child campers must have permission to dispense both prescription and over-the-counter medications, completed and signed by their physician, and brought to camp with the medication. The medication must be in the original container labeled with the issuing physician's direction for use and clearly marked with the camper or adult's name, date, dosage, and times to be given. Please be sure to pick up medication upon check-out.

Visitors

Unregistered visitors are NOT permitted! This policy is in place for the safety of all those attending.

Sleeping Arrangements

Troops will be staying in A-Frames. All A-Frame cabins have cots and mattresses and a nearby latrine. If you would like to be placed with another troop, please contact the Camp Director prior to the weekend.

Waterfront Activities

A certified lifeguard will be on duty during swimming and boating time at Troop Core Camp.

Food and Meals

Well balanced meals are provided. In order to prevent attracting animals or insects into living quarters, please do not bring candy, gum or food of any kind into your cabin. If you must bring your own food due to special dietary needs, please label it and we will store it in the kitchen.

Dietary Needs

It is our goal to ensure that every camper has an enjoyable experience while at camp. We regularly accommodate vegetarian, gluten-free, and nut-free campers. If any member of your Troop has an allergy to certain foods or requires a special diet, we will happily work with you to meet those needs as much as possible. Please contact the Camp Director as soon as possible to discuss any concerns you may have regarding diet accommodations while at camp.

Troop Time

While at Troop Camp, there will be designated "Troop Time" over the course of the weekend. This time is set aside for troops to have down time on their own as a troop. Have a discussion with your troop and decide what you would like to do during your allotted troop time. Is there a special project you would like to complete? Any badge work that can be done specifically at camp? A hike you would like to take? **Please Plan Ahead!** Troop Time will be roughly 1 to 1&1/2 hours long.

Packing list for Troop Core Camp:

A well-prepared camper will have more fun at camp.

Please pack lightly in a maximum of 2 bags

PLEASE LABEL EVERYTHING WITH THE CAMPER'S NAME.

The following items should be packed in an easy-to-carry duffel bag, laundry bag or lightweight suitcase. Trunks are not permitted. Please pack so that you can manage repacking and moving your own bag. Check the weather forecast to pack accordingly.

- ☐ Long pants/jeans
- ☐ Shorts
- ☐ Shirts (short and long sleeved for cool nights and mosquito protection)
- ☐ Sweatshirt
- ☐ Pajamas
- ☐ Rain gear (raincoat or poncho with a hood and waterproof boots or shoes)
- ☐ Socks (2 pair minimum)
- ☐ Underwear
- ☐ Sneakers or tie shoes; **no sandals, clogs, or flip-flops**
- ☐ Hat with a visor
- ☐ Bathing suit
- ☐ Sleeping bag/twin bedding (a 'stuff sack' is recommended for easy transport)
- ☐ Pillow
- ☐ Towels for Swimming and Showering
- ☐ Deodorant (non-aerosol)
- ☐ Soap in a plastic case and shampoo
- ☐ Toothbrush and toothpaste
- ☐ Comb or brush
- ☐ Sunscreen (at least SPF 15)
- ☐ Insect repellant (non-aerosol, containing less than 12% DEET)
- ☐ Other toiletries
- ☐ Water bottle
- ☐ Flashlight with extra batteries
- ☐ Plastic bags for covering sleeping gear or packing wet items

Optional:

- ☐ Non-Digital Camera/film
- ☐ Sunglasses
- ☐ Chap stick

Do NOT Bring:

Gum or candy, Scented sprays or lotions, Weapons, Valuables, Video games, Illegal drugs or Alcohol

Cell phones discouraged

Lost and Found

Girl Scouts of NYPENN Pathways is not responsible for items lost or damaged at camp. All items must be marked with the camper's full name and all valuables must be left at home. Any items left at camp are only held until the end of camp (at that location). Please contact your camp director to make arrangements for picking up lost items prior to camp end.