



GET OUTSIDE CHALLENGE

Share pictures of your challenge tasks to our social media platforms, we're @GSNYPENN.

POINTS REQUIRED PER GIRL SCOUT LEVEL					
DAISY	BROWNIE	JUNIOR	CADETTE	SENIOR	AMBASSADOR
30	40	50	60	70	80

1 point each: 14 available

- Take your animal for a walk & let them lead the way
- Have a virtual jump rope competition with friends, set a timer for 1 minute & see how many jumps you can do in a row without messing up—if you mess up, start over!
- Rake your yard (extra points when you rake someone else's yard for them)
- Go out looking for birds' nests, take pictures & count how many you can find, don't touch them but see if you can identify what kind of bird might live there, use online resources to help
- Do your homework outside & enjoy the warmth of the sun
- Choose a comfy spot outside & sit quietly for 10 minutes, journal all observations (What do you see? What do you hear? What do you smell? Feel?)
- Fly a kite
- Look for plants that are poking through the soil ready to come out, help them out by clearing away debris so they can grow (1 point for every 2 plants you help)
- Look & observe the ground next to a tree close to your house, see if you can identify what kind of tree it is, use online resources to help
- Find a water source to sit by (a stream works fine) & see if you can find any animal action under the surface—What do you see? What are they doing?
- Go for a family bike ride or skate, everyone doesn't have to be doing the same activity as long as you're together!
- Make & eat s'mores (for help building a fire, check out "S'mores with Smalls" on our GSNYPENN Live! Facebook group)
- Have a nerf gun or water gun war
- Hike a trail

2 points each: 20 available

- Wrap a piece of duct tape around your wrist like a Wonder Woman bracelet (sticky side away from skin), take a nature walk picking up little things that have fallen & stick to your bracelet, once finished post a picture & tag us (Little sticks work great!)
- Take a walk with some sidewalk chalk & make a beautiful, inspirational picture outside the home of someone you know (Extra point for each additional house)
- Take a walk around your neighborhood or park & collect as many different leaves as possible (fallen ones only, don't pick them), when you get home make an art project with your finds, post a picture & tag us (Maybe try out different ways of leaf printing!)
- Use kitchen soap to make your own bubble mix & use different household items as bubble wands, go outside & test it out (Try a slotted spatula!)
- Eat a breakfast, lunch & dinner outside (Extra 2 points if you eat all 3 meals outside in the same day)
- Play hide & seek or Marco Polo in the dark, don't forget flashlights to tag with
- Build paper airplanes out of at least 2 different types of paper, take them outside to fly & see which one works best, why do you think that is?
- Build an awesome fort, big enough for you to get inside, post a picture of you in it & tag us
- Hike a mountain
- Take some family photos outside, some with some awesome nature & some action shots, post your favorite & tag us

- Create 3 little boats out of different materials you have at home, see if they float, see if they will float carrying a penny, add more to see how many they will support before sinking
- Play a game of kickball or dodgeball with your family
- Complete a 15-minute session of "Backyard Birding" in your own backyard, tell us what you see (If you need some help, check out "Backyard Birding with Badger" on our GSNYPENN Live! Facebook page.)
- Spend 20 minutes outside in the morning & 20 minutes outside in the mid-day & 20 minutes outside in the evening for 3 days in a row, reflect on how it made you feel—did you feel better?

5 points: 35 available

- Go outside & hunt down some cool rocks to paint, paint them like Easter eggs & once dried go on a secret mission to "hide" them in plain sight, encourage your friends to do it, go for a walk to see how many different rock eggs you can find, find out how many eggs each person hid & see if you can find them all
- Plant some food that you like to eat
- Make your own kite out of things you find at home & see if it will fly! (Extra points if it works)
- Set up targets to shoot with a nerf gun, water gun or BB gun (with parental help), see how your aim is compared to your family
- Set up a tent in your yard & sleep in it for as many nights as you can, post a picture & tell us how many nights you made it
- Get help to build something for your yard (stone path, garden, fire pit, chair, etc.), post a picture of your creation & tag us
- Tie dye shirts/clothes as a family

10 points: 20 available

- Complete an outdoor related badge (Extra points for each badge completed)
- Create an outdoor obstacle course using whatever you can find, post a picture or video of you completing it & tag us

Earn this patch!



3 points each: 21 available

- Make some homemade bird feeders & hang them around your house, gift some to neighbors or friends by leaving one with a note at someone's door (Extra point for each gifted feeder)
- Check the weather and on a day it's supposed to rain (before it starts) go outside & set up something to catch the rain, measure how much rain you catch (will you do it by liquid measure, inches or weight?), share your results with us
- Get up in the morning, go outside & meditate to bring yourself some peace to start the day, try it a few days in a row & see if it helps you feel better